
Survey: Duty Hours Impact on Smoking Habits



According to a survey conducted by researchers from the Chinese General Hospital and Medical Center in Manila, Philippines, there may be a link between the number of hours physicians are on duty and the prevalence of smoking. The findings will be presented at CHEST 2015 on October 26 at Palais des congrès de Montréal.

The survey was conducted to investigate the smoking behaviours and motives of healthcare professionals in Metro Manila Hospitals. The survey participants were divided on the basis of their duty schedules and specialty training.

The findings of the survey show that approximately 27.83 percent of the participants were smokers. It was also observed that the highest prevalence of smoking was found among surgeons at 39.62 percent and those who worked every two days duty schedules. Other factors that influenced smoking habits included social factors such as the presence of a colleague who also smoked.

"Health care professionals, particularly those who are considered specialists, should act as role models for health and wellness," said Dr. Angelo T. Adraneda, a pulmonologist based in Manila, Philippines, and lead researcher. He added, "A considerable number of physicians continue the habit despite knowing its ill effects and consequences."

Source: [American College of Chest Physicians](#)

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