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### Introduction



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The intensive care unit (ICU) is a complex environment, due to the surroundings, the heterogeneity of patients, caregiver turnover and the at times lengthy patient stays, which lead to increased complexity. The multiple technologies available add another layer of intricacy. However, with the modern tools available to the intensivist, it is now possible to personalize care to meet the heterogeneous needs of our patients. "One size fits all" is not possible or advisable any more, and the technology is crucial to enable intensivists to personalize therapy, whether that is lung protective ventilation or a nutritional plan.

I am delighted to introduce this supplement, based on presentations at a workshop at the European Society of Intensive Care Medicine LIVES 2016 in Milan.

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