

ICU Volume 15 - Issue 4 - 2015 - Country Focus: Egypt

Critical Care in Egypt



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The healthcare system in Egypt has come a long way, but still faces many challenges when it comes to improving the health and wellbeing of its people. Egypt has a high rate of population growth, and it is estimated that the population will reach 92 million by 2020.

In order to improve the standards of critical care and to ensure physicians have a greater understanding and knowledge of critical care medicine, several organisations exist to promote programmes and services that could help achieve these goals. These include:

Egyptian College of Critical Care Physicians (ECCCP)

The [Egyptian College of Critical Care Physicians \(ECCCP\)](#) comprises critical care physicians, who are committed to advancing the goals of academic critical care medicine.

The College organises annual meetings and other educational events, and publishes a scientific journal, the Egyptian Journal of Critical care Medicine. The ultimate goal of ECCCP is to ensure that the highest standards of critical care are implemented. In addition, ECCCP is an active player in generating support from the government, the healthcare industry and individuals involved in the field of critical care.

Egyptian Society of Intensive Care and Trauma (ESICT)

The [Egyptian Society of Intensive Care and Trauma \(ESICT\)](#) is an interdisciplinary organisation dedicated to improving patient care by improving and advancing the science and practice of intensive care medicine. The primary objective of ESICT is to promote excellence in intensive care through education, research and practice. ESICT aims to create a healthcare environment where every patient will be able to receive the safest, most efficacious and the highest quality care.

ESICT aims to achieve its goals by guiding the healthcare community on adopting and implementing best clinical practices, to promote safe, effective and compassionate patient care, to educate healthcare providers about new ideas and innovation and to conduct quality research and implement evidence-based practices. ESICT actively collaborates with both national and international organisations to ensure excellence in intensive care medicine. ICEM Egypt is an annual conference organised by ESICT and is one of the leading events for Intensive Care & Emergency Medicine in Egypt.

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Egyptian Cardiac Arrest Project (ECAP)

The [Egyptian Cardiac Arrest Project \(ECAP\)](#) is a four-year project that aims to survey the magnitude of the problem of out-of-hospital cardiac arrest. It is estimated that only about one-third of patients who suffer from an outof-hospital cardiac arrest receive CPR and only 2 percent of such patients receive automatic external defibrillation. The goal of ECAP is to increase awareness amongst the community on ways to better handle this condition and to train lay people and healthcare providers on appropriate resuscitation strategies that could help save many lives. In addition, ECAP aims to investigate and identify those who are at risk of occurrence and to take measures that could improve the primary and secondary prevention of cardiac arrest. Associations involved in this project include the Egyptian College of Critical Care Physicians and the American Heart Association. The project is partially funded by the National Bank of Egypt and Misr Al-Kheir.

Published on : Thu, 31 Dec 2015